



RV Educational institutions

RV Institute of Technology and Management ®

Bangalore – 560076

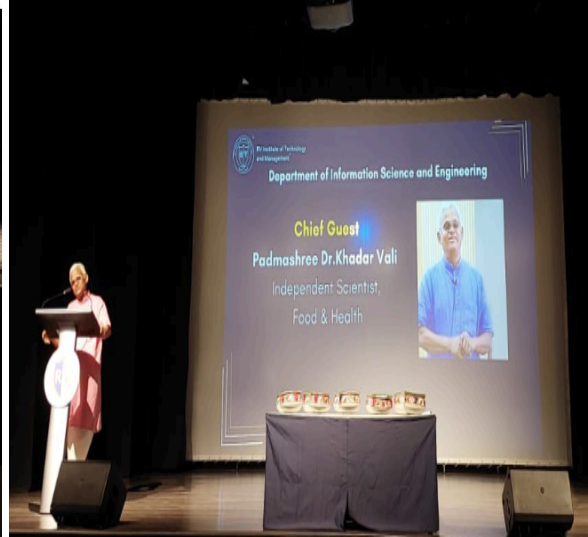
Department of Information Science Engineering

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| Event Name | Talk on “Life Style on Ecological Balance” |
| Date | 1 st JULY 2024 |
| Venue | 6 th Floor Auditorium, RVITM |

Objective of the Program:

- To create awareness about millets.
- To gain knowledge about Nutritional Benefits for good health.
- To provide Environmental Sustainability.
- To know the Cultural and Economic Benefits.

The Department of Information Science and Engineering organized a talk on “**Life Style on Ecological Balance**” for RVITM students, faculties, and staff in association with The DEsiri Naturals. The Chief Guest of the session Padmasree Dr. Khader Vali, Independent Scientist, Food & Health has been working relentlessly to revive Siridhanya, also known as positive millets for nearly 20 years. He addressed the audience on the importance of food habits. He stressed different types of millets and the process of consuming each of these millets. He highlighted the healing properties present in them that could cure even deadly diseases. He briefed the importance of the consumption of Siridhanya, different plant/tree leaf decoctions, and homeopathic medicine. He claimed that the consumption of Siridhanya can facilitate the prevention and cure of diabetes, hypertension, obesity, constipation, piles, gangrene, triglycerides, PCOD, low sperm count, skin diseases, kidney, and thyroid-related disorders. The CEO of Desiri Naturals, Mr. Naveen Kumar also addressed the importance and usage of Millets in daily life by concluding the session.



Coordinators Signature

HOD's Signature