RV Educational Institutions®

Cadabam's Mindtalk

Feeling overwhelmed? Anxious? Just need to talk?

RV Educational Institutions X Cadabams Mindtalk – 24x7 Mental Health Helpline

Call :
+91 95133 93908

WhatsApp Chat

Talk to a trained mental health professional

100% Confidential
Your details will never be shared

Weekly self-care messages

Monthly screenings & group sessions

You're not alone. We're here for you.
In partnership – RV Education Institute x Cadabams Mindtalk